

BRIDGES

READ MY BOOK:

Out of Old Saskatchewan Kitchens offers a glimpse into pioneer history **P. 2**

ON THE SCENE:

The Huskie Football Foundation's Dogs' Breakfast, **P. 4**

GARDENING:

The hardiest clematis varieties suited for life on the Prairies **P. 24**

WEDNESDAY, MAY 6, 2015

A STARPHOENIX COMMUNITY NEWSPAPER



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

AMY JO EHMAN

Out of Old Saskatchewan Kitchens



What did the pioneers eat? That's the subject of my new cookbook, *Out of Old Saskatchewan Kitchens*. No author where they came from or their ethnic background, the pioneer's first order of business was to plant a garden, bake some bread and get dinner on the table.

Even before the land was planted with wheat, it was planted with potatoes, carrots, onions and beans. During the first frost, raised frosty posts such as Carlton House (now Fort Carlton) were exposed to be self-sufficient in food. They had gardens and were provided with wheat, oats, barley and potatoes for planting. The closest wheat field at what became Saskatchewan was planted in 1856 at a New France fur trade post east of

Portage la Prairie. Many Métis were accomplished gardeners.

The arrival of more than 6,000 Doukhobors in 1890 created a spike in the potato market that caused a spike in the harvest price. Fortunately the Doukhobors were good gardeners and they soon fed themselves, but it wasn't easy. The early settlers were often hungry, reduced to eating instead three meals a day or only one a piece of bacon, beans or a bar. They welcomed seasonal wild foods such as berries, dandelion greens, marshmallows and eggs.

Despite the hardships, they did their best to prepare the dishes that remained true to home and pass their cherished recipes on to the next generation. They shared favourite recipes and created language barriers

through the fellowship of food. Neighs houses helped new neighbours and as one locked their doors should a hungry traveler pass their way.

Their dedication and ingenuity is evident in more than 80 recipes and 20 historical essays included in *Out of Old Saskatchewan Kitchens*, which is designed to resemble a lovingly compiled kitchen scrapbook from days gone by but it's more than a cookbook ... It's a glimpse into the early history of Saskatchewan through the people their stories and the foods that sustained and built our province.

I've taste tested and reviewed from my own upbringing on the family farm at Creek But the true joy for me was discovering the unique flavours of so many diverse cultures



Amy Jo Ehman

which look the basic rustic ingredients and make them their own.

Out of Old Saskatchewan Kitchens is published by Metropolis Press and retail for \$24.95.

Pam Tillis & Lorrie Morgan Girls and Glamour Tour



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Former Saskatoon Police Services officer Chris Lounsbury has written one of every "moment book" about his life on the force and another is in his new photo. (MEDICAL PHOTO BY RICHARD MALLARD)

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The Stilhouse Poets, Mont Nelson and Kris Hestad, take a break in downtown, while trying to pay adequate tribute to Delta blues and Appelachian music. (MEDICAL PHOTO BY MICHAEL MALLARD)

BRIDGET COVER PHOTO BY MICHELLE BERG

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ON THE SCENE

DOGS' BREAKFAST XV

The Huskies Football Foundation held the Dean's Breakfast XV on April 30 at Phoenix Park where football coach Brian Lewellen announced the new two-dozen recruits to an audience of 1,600 supporters. Former NFL defensive back Forrest Lott, who played 13 seasons during the 1980s and 90s and was elected into the Pro Football Hall of Fame in 2003, was the guest speaker.

The event raised \$100,000, all of which will go towards the education of Huskies Football student athletes.

BRIDGES PHOTOS BY GORD WALDMER



ON THE SCENE



1. From the St. Joseph Guardsmen: Logan Bellz, Josh Perrier and Spencer Anderson
2. From Form Lake: Garrison For, Garrett Fedek and Blyden Reifs
3. From the McLean Comets: Kalen Senecal, Tyler James and Blyden Martin
4. From the Reitkroon Royals: Coach Gary Pearson, Kevon Cohen, Weston Papek and Weston Hopkins
5. From Delisle: East Morris: Reid Dubakewich and James Sherry
6. From the Biggar Racers: Mitch Jeffreys, Calvin LeMirek and Jason Devries
7. From the Harley Sales Tires Hawks: Darren Pritchard and Heck Schirf
8. Pro football Hall of former Bomber Loft was the guest speaker
9. From the Clavet Cougars: Marnie Braun and Derek Schirf
10. From the Waho: Munro Macdonald, Jacob Mountz, Jacob Trevor Bates, Tyler Head and Dalton Young
11. From Prince Albert St. Mary's: Weston Mireau, Connor Iran, Austin Meeker and Dominic Bourne

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ON THE COVER

ERNIE LOUTTIT

The people's cop becomes an author



Writer and retired Saskatoon police officer Ernie Louttit checks out some of his old heists in Saskatoon. The Mosaic Art Gallery was where he went after his eight shift to decompress and do some writing.

BRIDGE PHOTOS BY RICHARD MARSH

By Jenn Sharp

Ernie Louttit had been an officer with the Saskatoon Police Service for three years when his friend got shot or didn't shoot moment.

"He killed my mom," said a five-year-old Louttit.

From the kitchen, Louttit followed a wide aisle of bread to the bedroom where a man was trying to shoot a little down his wife's throat.

Louttit describes the incident in his 2003 book *Indian Rover: Perspectives on Policing and Leadership*. The suspect finally threw his knife to the side and was arrested after a struggle with Louttit, a second officer and another man in the apartment.

Indian Rover, as Louttit became known on the streets of Saskatoon, led the nomination at the recent Saskatchewan Book Awards and won the Saskatchewan Book Award and the Saskatchewan Aboriginal Peoples' Writing Award. His second book will be out May 20. Louttit, who retired from the force two years

ago, says it's "such a surprise and such a relief" to be an author.

His frank and powerful reflections provide useful advice on leadership and thoughtful perceptions on humanity.

His experiments about a second book, "add the father of fat,"

Indigenous Rover is based on Louttit's experiences in the military and his 30-year career with the Saskatoon Police Service. In the book are vivid accounts of the brutal violence he witnessed patrolling Saskatoon's poorest neighbourhoods. Even when he became a

supervisor, Louttit devoted much of his time to crime involving marginalized people.

He often talks to high schools about the police's role in society.

"Everybody has an opinion about the cops. It's not all about guns. It's about dealing with people," he says.

Speaking to teachers earlier this year, he advised patience when grading students he calls "sometimes you don't get to see how the seed that you planted developed."

Louttit dropped out of high school but was still influenced positively.

Everybody has an opinion about the cops. It's not all about guns. It's about dealing with people. — Ernie Louttit

I surprised a lot of people when I left, but it had ran its course for me. You only get so many luck points in your life and I had used a lot. Why keep pushing? —Louttit



True: Louttit won the Brampton Aboriginal Community Aboriginal Peoples Writing Award at the Stein-Kacanowski Book Awards in June. (PHOTO BY GLEN MERKIN)

If you use the standards you normally use to rate your students as a success, I was a failure. But I wanted, however, the teacher that placed the words in me to want to learn, to not quit — they absolutely succeeded.

Louttit grew up in a village in northern Ontario called this with no electricity running water or telephone. It's a simple and modest place he still visits twice a year to teach fifth and sixth graders the history of his job.

"It's still one of my favorite places. One is like time stood still. Besides my family that was one of the things that kept me grounded — getting in touch with who I was and where I was from."

There is no trace of the cynical, jaded cop stereotype when you meet Louttit. His known eyes sparkle as he remembers people he was able to help. He laughs often and cracks jokes. He likes to use analogies to illustrate a point. But you can tell when he's thinking about something dark from the past.

Louttit's gift is his ability to connect. His devotion to the people society forgot is what made him stand out as a cop, and that's what makes his book both heartbreaking and hopeful.

Louttit talked candidly with Bridges about his years on the police force. Why stops were his favorite place to patrol, how the relation ship between the police and aborigines has changed for the better and the unexpected joys he's found to writing.

BRIDGES' latest book opens with a disturbing story describing a domestic assault and your first shoot or non-fatal experience as a police officer. Back at the station, you're so shocked and covered in blood but other officers walk by without saying a word. That seems like the episode of an old *hogan* club where emotions were acknowledged. But that isn't the case.

Check out the review on page 8.

DIANA KRALL

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PAUL MERKIN
PHOTOGRAPHY

The one kid told me they used the alleys because they didn't want to use the streets. If they were on the street and saw a gang member, they couldn't get away fast enough. In the alleys, they can meld into the darkness. The alleys were the safest place for them. What kind of a reality is that to be living? — Louttit

ERIN LOUTTIT: Oh absolutely. With the people I come through with, we were a lot more open in talking about things. I was never a big blabber guy. Things happen in the order they're supposed to happen. For years and years, police had to be the tough guys even seeing themselves that way. That started to change and people were more open about the experience as they were hearing. But you always have the people that keep everything close to their chest and don't share.

■ You say that one of the most important tools for a police officer is empathy. Why is that?

EL: HTU get you in common ground a lot faster. In conflict resolution, common ground is the place you want to be. You don't have to agree with a person's lifestyle or choices of the time. If you have an understanding of it, you're reaching down to many things that lead to conflict — and if

you do it quickly and genuinely, you don't feel that you get it. (Empathy) is one of the most transparent emotions of them all.

■ What do you think it will take for people to break out of the cycle of poverty, shame and violence that you see in your days as a police officer?

EL: Basically what we're doing right now. We have to have talk about it, the more it's out there and people are aware of it. Slowly but surely it changes. That good economy has been like a golden opportunity for so many people to break out of the cycle of welfare.

■ You state that poor people's problems rarely match the majority either than to reinforce pessimistic stereotypes. You heard much of your career on poor people's problems. Why was that important to you?

(Continued on page 10)



Erin Louttit works with Bridges Art Movement, an outlet for creativity that helps transitioning youth to be the best they can be. (Continued from page 1)

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In conflict resolution, common ground is the place you want to be. You don't have to agree with a person's lifestyle or choices at the time. If you have an understanding of it, you're knocking down so many things that lead to conflict — and if you do it quickly and genuinely. — Louttit

BL It seemed like the right thing to do.

One of the sommets that used to bug me a lot was: "How can people live there? It's not like there are some of the realists in the poorer neighbourhoods in jobs proportionate to the kids on their way to school, teachers getting promoted just because they work in that particular area, drag race — shooting up and dumping needles in the alleys being kind houses. People (living there) deserve as much police attention as the city can provide them."

I used to love alleys at night for catching criminals, because criminals liked alleys. But more frequently I was running into kids in the alleys. The one kid told me they used the alleys because they didn't want to use the streets. If they were on the street and saw a gang member, they couldn't get away fast enough. In the alleys, they could bolt into the darkness. The alleys were the safest place for them. What kind of a reality is that to be out? It really made me more committed to stay in the area so that these kids could eventually just walk up the street. It's just a one-state

show. It has to be a gradual wearing down of all the barriers there kids face.

They're arrest people that had struggles I could empathize with. I could have done many other things. I could have stepped up into a superintendant or sought higher rank, but the drive to be there was too strong.

In the chapter titled "no summation in ever sentence," you help uncover an illegal arms trade in the military at CPW Wiesnerkraft. A lot of the summation ended up in the hands of gang members and drug dealers. Tell me about that experience.

BL I wondered what would happen when I wrote that. But I didn't hear anything. Parise, I was so appalled by that. But I understood why, too. We didn't pay much in the army. If you were a married guy with kids (and) if you could supplement your income, you would just do illegally. That was the thing that shocked me.

I did no sleep after Who do you trust? I got so stressed I got a sunburn bitch on my eye. *Continued on Page 17*



Constable Zach Louttit, when he was with the Saskatoon Police Service, kneels to talk to a man he found during one of Louttit's last night shifts in 2012. (Courtesy photo by Jason Louttit)

Nuts About Nature At Beaver Creek Conservation Area



Hi! I'm Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.



Dear Chip,
Why do beavers chew down all the trees? Can't they eat other things?

— Sophie

Beavers, as I myself, are strict vegetarians, eating twigs, stems, and bark from a variety of trees. We especially love to eat the inner bark of trembling aspen trees which we think are the best for our teeth free. Now the next question is why would we eat anything else if it tastes so good? Beavers often get a bad rap for chewing down trees, but you humans have to realize that this is something we gotta do! First off, we need all sorts of trees to build our lodges and dams. The average beaver tree is between in height and up to eight inches long. That's a lot of wood! In the end, the beavers don't chew them up, they eat a bit of the bark, so we have to chew them down to get them down and keep them the right length. If we stopped chewing our teeth would grow over our canines making it impossible for us to eat. But, we don't chew down all the trees, just the ones that we find tasty! So next time you see one of my buddies chewing on a log remember that this is being a beaver is all about.

Send your questions to me at the address below, then watch Bridges for the answers.

Your pal, Chip

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Phone: (780) 449-1000
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Meewasin 

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(The Barry Hotel coming down) was probably one of my high points. There was nothing good that came out of it in the end. — Louttit



Ernie Louttit in the spot where the former Barry Hotel stood, an area of urban concern during his tenure as a police officer in Saskatoon. (REUTERS/ROB GOURLEY)

■ Yet despite the difficulty you faced in investigating that case, you still recommended people join the military.

El: If you want some direction in your life, the military will help you on that respect. I believe as a service if you're going to enjoy the benefits of this country, which are fantastic — it's the best country in the world — and you're physically capable, you should step up and do a bit of service. What people take away from the military will last a lifetime. The discipline, the interpersonal skills, the leadership, the technical skills.

■ What was the hardest part of being a police officer?

El: Dealing with ran encounters. The hardest part for me was finding people in distress that had nobody. They had nobody turned their backs on society or society has turned their backs on them. Mental health was always tough, too. And kids. Nobody ever wants anything to happen to kids.

■ Invermire: the neighbourhood where you spent a lot of time patrolling in Saskatoon, is quickly being changed by new businesses and development. What effect does gentrification have on the neighbourhood and is it a positive for the people that have always lived there as rents increase?

El: They're moving to different areas. It used to be done though. (The Barry Hotel coming down) was probably one of my high points. There was nothing good that came out of it in the end. It was a positive move, but it was a really bad choice.

The more you encroach on areas, you're going to have some displacement. But some of the people that get displaced actually change because they no longer have a safe place to go and play their trade. They no longer have a place to hide so they have to step into the light.

■ You'll never have 100 per cent success rate. But some is always good and success begins success.

continued on A10

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PAULMOROS

The relationship between the police and the Native community, especially in Saskatoon, has changed. (Neil Stonechild's) memory will be a safeguard against any inclination to be abusive. —Loutit

It: Testifying at the Neil Stonechild inquiry was a gratifying experience for you. What emotions surface today of that time?

BL: At the end of the day a lot changed. If a guy takes some photo from off that that was the good. The relationship between the police and the Native community especially in Saskatoon, has changed. Necessary will be a safeguard against any raids nation in be absence.

BL: Do you ever talk to his family?

BL: No. They're all gone (now) now but I think it would be an awkward conversation anyway. There's a lot of people I met now that I'm retired. I won't speak to unless they speak to me first just because the memory I've attached to is bad for them. It's still cut for me but it's bad for them.

BL: Does that bother you?

BL: Yeah because sometimes you just want to go up to them and give them a hug and say, 'Hey, how's it going? I hope you're still be better sooner or later.' But it won't do them. If they come up to me, I'm always super happy. A lot of times you didn't think you made a difference but you did.

BL: Do you think an inquiry into Canada's missing and murdered Aboriginal women is necessary?

BL: That's coming in the second book. We spend more time and money saying about not doing it and all of that time, time is wasted. Like the (Canda) Glacier murder in Alberta ... it's so absolutely shocking. You can hold an inquiry on it if you want to, but that's not what you need. That (now) is not always popular.

BL: What's the easiest part of writing for you?

BL: The weight of wisdom, now visibility is one of the biggest rewards I still have admiration for anybody out there doing their job. I admire them courage. I admire their spirit. But it's their job, and I saw I'm not taking on many clauses with coordination. It feels very good, I feel I have met a lot. The right stuffs weren't hurting me but I know eventually it would. I felt pretty much at the top of my game. I surprised a lot of people when I left, but it had me its course for me. You



From Loutit's witness at the Neil Stonechild inquiry, an on-air deal (Peter Bregg/CP photo), in 2002. STONECHILD PHOTO BY RICHARD MORRIS

only get so many look points in your life and I had met a lot. Why keep pushing? And I knew I was going to write a book. I didn't realize it would go like way it's gone but I'm very happy with it.

I've always been an awful reader. If I

would force people to read for an hour a day as part of a criminal sentence, I would.

BL: What do you hope to see in the future in regards to the relationship between the police and Aboriginal people?

BL: That relationship has been getting progressively better for years. To lose is to lose that momentum continue to keep building those relationships. Saskatoon police were from living under the national spot light for all the wrong reasons to be

in the national spotlight for all the right reasons.

This interview has been edited and condensed for publication purposes.
Peter.bregg@star.ca
Twitter: @PeterBregg

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IN THE CITY

MAY 6, 2015 — 1:16 P.M.

Artistic options



Charles Oberst speaks to a crowd gathered for Jane's Walk — Meet Your City tour. The tour was titled "Create/Re-imagine the Crescent Hill Bus Barns into an artistic center" and discussed during the tour. **MEGHN** PHOTO BY LIAM RICHARDSON

ASK ELLIE

Loss of intimacy may be medical as well as emotional

Q. We've been married for three years, together for seven. I'm 34, he's 32.

I've recently lost interest in sex with him and wife I've grown fatigued; he's become increasingly distant.

He's always been very private. He wants rather less sex. If I ask a direct question, he either refuses to answer or pretends not to hear it.

I usually say whatever I think and feel.

His family life was quite different from mine. He doesn't have strong emotional attachments to his four biological parents. His mother's been known to be toxic, like relation ship with his father in very diminished.

He doesn't have close friends. The only person who knows him well like my family knows very little about him, so they can be quite unfettered and he's no prude.

I don't feel the same emotional connection to him as would be healthy to remain in a serious marriage.

I enjoy spending time with him, vacationing and sharing common interests. I have no interest in love

Ask Ellie



tag line, but if he wanted to leave, I'd understand.

Confused and Indifferent.

A. Look beyond your differences (which you've known since marriage in seven years together) and consider why you married this man so long ago.

Then, reexamine also the things that you do enjoy together, get proactive about what's recently been fueling your changed feelings.

Given your disconnect in sex, your ever-changing mood and indifference may come from a medical cause, or a gynecological one such as only in increased estrogen, for which there are treatments and/or natural therapies.

During my recovery, I wasn't able to attend all the events because of the drinking. I feel my friends are uncomfortable around me now. Na

one asks me how my recovery's going. They seldom call or email me. Should I track my or how do I tell them I want more?

Then, talk out some of your differences with professional guidance, in couples' counseling.

You need to find out how much these different personalities and backgrounds really matter to your compatibility and connection, once you deal with any other contributing factors.

Q. I'm an alcoholic. Three years ago, I quit drinking. Thanks to the ongoing support of my friends at Alcoholics Anonymous, my life has improved and changed as much as I didn't think possible.

But I miss my old friends. I have a group of girlfriends whom I've known for years. We have annual weekends away and other events during the year.

During my recovery, I wasn't able to attend all the events because of the drinking. I feel my friends are uncomfortable around me now. Na

one asks me how my recovery's going. They seldom call or email me. Should I track my or how do I tell them I want more?

Next Breaking Friends

A. You know too well how important it is for your recovery to avoid the old situations in which alcohol was a major presence.

Your friends know about your recovery but haven't had your courage to face their own dependence on alcohol at the group events.

Since it appears that name has come forward individually to get together with you over coffee or an alcohol-free event, it is clear that they would still be a negative influence socially.

You've already taken the tough road to sobriety and been successful for three years. Don't risk the contact.

Let on the reliable support of your AA peers, and any other family and friends whom you acknowledged and supported your recovery.

One or two of the old friends may one day come around on their own path to recovery. As you know, that has to come of their own choice, in

Their care time

Meanwhile, protect yourself

Q. My friend is afraid to tell people he likes others of the same gender.

I don't know what to do because every time I try to help him over come his fear of people judging him, he just pushes me away and I don't want him to do that.

I want him to be open about his sexuality and tell others, so he can actually get to know someone without pretending that he doesn't like them and also pretending that he's not homosexual.

Caring Friend

A. "Caring" is important as a friend, but interfering as this person's coming out is not your role.

He already knows that you're aware and comfortable with the fact that he's a guy. But he's the one who has to take the steps to being open, if and when he chooses.

Black off and respect his right to deal on his own unless he asks for help.

TEETHING



PAIN

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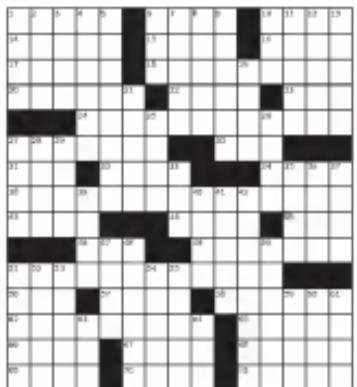


CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

1 Pecan Puffins (Pete's winner for his Pet Parade)
 2 Both a species
 3 Eccles (or) brioche
 14 Drawing of a history?
 15 Endings with peak
 16 One a beta mma star
 17 Letters when you're
 The full title's
 "Dragon Tales?"
 18 Put in these pull?
 19 Interests
 22 Monsters' results
 23 Mystery
 24 Robert A. Martin's
 Laugh In?
 25 Here have a drink?
 27 Expired
 28 Welcome to the Noll?
 31 New Profile
 32 The first in a
 classic sonatas' twister
 34 ... Sunburst" (2012
 war film)
 38 Smell the person?
 43 Chained to a sti-
 nch (or) stink
 46 Geno's sandwich
 48 Smokey (Pete's) co.
 49 double take
 50 Spoon off the Côte
 d'Ivoire
 51 Happy birthday!
 52 Make a vendetta
 53 She's off?
 57 Spaniels' other
 58 Roasting hawks?
 62 Symbols of the clues
 63 ... 24 - 36 -well
 51 (or) 52
 65 Inches in a lapser?
 66 Let's you make some
 a puzzle with?
 67 Dynamics
 68 Meiosis
 69 One more thing...
 70 No one's seen
 71 project?
 72 Start over with a clean
 slate?



PUZZLE BY DAVID CEE

Down

1 Gingham (Keweenaw
 granite)
 2 ... out of another way
 3 Be her under the
 4 West hosted Mirror?
 5 ... Atlantic
 6 Atlantic City casino
 7 Reservation Project
 project underway?
 8 Tree
 9 Sign of those
 10 Copper trail
 11 Today's competitor
 12 Some of the best items
 13 ... (or) coats
 14 ... really works for
 15 Leaf cap.
 16 ... of "Lure &
 17 ... Decay"
 18 ... Birth
 19 Film entrepreneur
 20 ... Reindeer
 21 Requiem in audio
 equipment?
 22 Not bad, Alice
 23 ... circus Mayfield is
 24 ... (or) ... (or)
 25 ... turns father
 26 Cut or shape in
 27 ... (or) ... (or)
 28 ... (or) ... (or)
 29 ... (or) ... (or)
 30 ... (or) ... (or)
 31 ... (or) ... (or)
 32 ... (or) ... (or)
 33 ... (or) ... (or)
 34 ... (or) ... (or)
 35 ... (or) ... (or)
 36 ... (or) ... (or)
 37 ... (or) ... (or)
 38 ... (or) ... (or)
 39 ... (or) ... (or)
 40 ... (or) ... (or)
 41 ... (or) ... (or)

Solutions to the
 crossword puzzle and
 the Sudoku can be
 found on Page 27.

JANRIG
 CLASSIC
 SUDOKU

Levitt Gold

Fifteen 3x3x3 cells
 using numbers 1 to 9.
 Each number can ap-
 pear only once in each
 row, column and 3x3
 block. Use logic and
 process of elimination
 to solve the puzzle.

The difficulty level
 ranges from bronze
 (easiest) to Silver
 to Gold (hardest).

	7	2	1	9	6
8			5		3
1		9			
	5		2		
3	9	7	1	5	
		5		8	
			9		8
	7		2		9
9	6	1	5	4	

Don Williams
Colm Kirwan

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The Mendl Gallery Group Volunteers

Spring Plant Sale & Mother's Day Tea

Plant Sale: Saturday, May 9, 9 a.m. – 4 p.m.
 Tea: Saturday, May 9, 11 a.m. – 3 p.m.

Mendl Art Gallery Lobby & Cafe
 Everyone Welcome



MendlArtGallery

www.mendelart.ca

EVENTS

What you need to know to plan your week.
Send events and photos to bridges@thestarphoenix.com

MUSIC

Wednesday, May 6

Counting Crows
TCU Place,
25 22nd St. E.

Big Dave McClean
Suds on Broadway,
817 Broadway Ave.

Armed & Dressed
Delta Dunes Casino,
304 Delta Dunes Way,
Whitewater

All McCormick
Peggy's Pub and Grill,
1020 Hyndley Dr. N.

Thursday, May 7

Henry Moore
Broadway Theatre,
712 Broadway Ave.

Colours
Crackers Restaurant &
Lounge,
1-227 Pinthouse Dr.

Big Dave McClean
Suds on Broadway,
817 Broadway Ave.

**Words & Music Series: Lloyd
Krugler II**
The Basement,
204 Fourth Ave. N.

**Amberle Castle w/ Little
Crawford**
Vangie's Tavern,
801 Broadway Ave.

South Brothers
Ell Church,
412 Sherman Rd.

Fri., May 8

Connie Kohler
Broadway Theatre,
712 Broadway Ave.

Big Dave McClean
Suds on Broadway,
817 Broadway Ave.

Piano Friar: Kim Sikkeld
Roots Series: Jordie Lane
The Basement,
204 Fourth Ave. N.



Paris Tots and Leslie Blagman during their *Griz & Gals* tour to TCU Place on Sunday

Connie Kohler Band

Army & Navy Club,
359 First Ave. N.

Tea Talk Tuesdays

Michelle Robinson,
3030 Eighth St. E.

The Rythmikes
farmhand singer/crooner

Caron,
103 Ferment Ct.

3 Pack + One

Toon Town Tavern,
3330 Hyndley Dr.

Pre-Route Nine w/ The Pain-

ski Hitz

Armed & Dressed,
817 Broadway Ave.

Zoann w/ Jealousy Mountain

Joe and Leverage

Vangie's Tavern,
801 Broadway Ave.

The Belles w/ Firing at
the Sky, The Bressentons and
Gals

Capital Music Club,
244 First Ave. N.

Rock Doctor

Peggy's Pub and Grill,
1020 Hyndley Dr. N.

Y'all

Stans Place,
104-106 Ruth St. E.

Sat., May 9

**Beth Sables Returns The Great
Canadian Songbook w/**

Scottee Hill
The Bafflegab,
3050 Gaffney in Avon.

Big Dave McClean
Suds on Broadway,
817 Broadway Ave.

Plane Saturday: Hall & Oates
Jazz Translators Series: Steve
Kaufhold and University of Mani-
toba African Jazz Faculty

Scrambles

The Basement,
204 Fourth Ave. N.

Connie Kohler Band

Army & Navy Club,
359 First Ave. N.

Gold Tunes

DownTown Lagoon,
5026 Spadina Cres. W.

Les Berriozap

Native Letzien,
3021 Louise St. E.

The Hobles

Michelle Robinson,
1020 Hyndley Dr. N.

Y'all

Stans Place,
104-106 Ruth St. E.

**National Dance Day after
party: Manta, Conduit, Wil**

Keafield and Living Room
Venetian Tavern,
1011 Broadway Ave.

Priscilla of Peartree w/ The Moza

and Living Hour
Capital Music Club,
244 First Ave. N.

Rock Doctor

Peggy's Pub and Grill,
1020 Hyndley Dr. N.

Till Dawn

Stans Place,
104-106 Ruth St. E.

Sun., May 10

**Paris Tots and Leslie Blagman
Gals, Glamour Tour**

The Standards
Broadway Theatre,
712 Broadway Ave.

Acoustic Jamz

Buds on Broadway,
817 Broadway Ave.

Kamalei w/ DesignForce and

Thomas Youghlead
Lauri Pub,
53 Campus Dr.

**Iren Kelly w/ Kirby Erdoske
and The Whiskey Janks**
Capital Music Club,
343 First Ave. N.

Mon., May 11

3-Stringz Prettless
Buds on Broadway,
817 Broadway Ave.

Tues., May 12

3-Stringz Prettless
Buds on Broadway,
817 Broadway Ave.

**Beets Beets Peter Katz w/
Lakeshore Singh**

The Basement,
304 Fourth Ave. N.

ART

Mural Art display

Until June 7 at 1030 Broadway
Cres. E. Spring exhibition

The Fifth World with exhibition
of Indigenous art (1810-1990) an
international school (Heldt and the BSC
Artists by Artists in residence) exhibition
"Walls and Water," with works by Gerd Gieseke
and Michaela Gieseke.

The Spring Fertilizer Series and
Mother's Day Tea, a fundraiser
sponsored by The Gallery

Group Volunteers. It runs May 9, 9
a.m. to 4 p.m. Student artists
talk about their work May 10,

2 p.m. Chats put the closing
act in the Gallery Shop. The
guitar will be closed June 8.

Art display

Until May 23 at 813 Broadway
Ave. - The Memphian Glass Work

by six ceramic artists: John
Denke, Lorraine, Marlene Peter-
son, Elizabeth Barrie, June
Carney, Cathy Tropiold and

Carola (sup. Reception May 13,
7 p.m. to 9 p.m.)

The Studio

May 13-15, 10 a.m. to 4 p.m.
2260 22nd St. W. Spring Open

Studio and Mother's Day
Sale. Works by Bridget Arkiss,
Nicki Aslett, Kathy Bremner,

Jen Conconi, Ann Donald,
Jane Hartigan, Marcella
James, Jennifer Kennedy, Karen
Maguire, Anna Westby and
Carol Wyllie.

SEYAR Art gallery
Until May 9 at 252 Third Ave.
5-10 Rozen Artwork by local
UPPA participant Andy Zim-
mernan.

Art gallery
Until May 9 at 117-1132 Col-
lege St. My Point of View, a
student exhibition by
arts students from Kinsmen
University level. Photographs
by Lynn Thorsen run May 10
to June 13.

Art from the Attic Sale
May 9-10, 10 a.m. to 4 p.m.
at Green-Woodlawn
United Church. A fundraiser
hosted by Grandmothers for
Grandchildren. Proceeds go to
all four local United Way funds.
St. Stephen's Living Foundation
information at 306-373-9331,
306-373-3690.

Martha's Art gallery
May 8-10, 11 a.m. to 4 p.m.
16 Kilometres west of Elkhorn and
six kilometres south. Open
Studio Show and Sale for
Martha's Day Tea. Pottery
by Vicki and Linda, Quilts by
Kathy Holden, Mosaic, glass-
blowing and refreshments.

**Living Spirits Beach Art
Show**

May 9-10 at Queen's House
Ballroom and Banquet Centre
Junkyard Art Sale. Beach
Coffee House. May 9, 7 p.m. to
10 p.m. Mother's Day Tea 10 a.m.
10:30 a.m. to 1 p.m. Adminis-
tration is free.

330g
May 9-30 at 330 Ave. G S
Rock, Paper, Scissors by Wally
Olton and Matthew Shillan
Opening reception May 9, 1
p.m. to 5 p.m.

**The gallery at Art Plaza-
ment**
Until May 20 at 338 Third Ave.
5-10 The 1995-2004 collec-
tion spanning over 40 years of work
in oil by Dorothy Knowles

ARTS & LIFE

EVERY DAY IN THE

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EVENTS

Gordon Smith Gallery
Until May 19 in Room 101 of the University of Saskatchewan's University Union. *Through to the Other Side* by Patricia Shipton. Video, sound, lights, sculptures, paintings and photography. Reception May 10, 1 p.m. to 5 p.m.

SECPA Art Gallery
May 1-25 at 253 Third Ave. S Rock and Roll: Kids by Dee Lunn and Debbie Lunn.

The Gallery at Prairies Migrant Central Library
Until May 22 at 120 10th St. E. *Goldfields*. A Gathering of Metalheads by Ken Delaforce.

Station Arts Centre, Regina
Until May 23 at 7011 10th Ave. *Roots, Roots, Agriculture*, a group exhibition featuring 10 Saskatchewan artists. Works by Carl Sezen, Alice-Susan Demille, Wayne Wiers, Henry Basuday, G. Martin and Gerald McMaster.

Wagon Mound Art and Craft Show
Until May 23 at 103 10th Ave. W. *W. in Bloom*. The annual adjudicated Art Show. Works by several local artists.

Handmade House Showpiece
Until May 23 at 700 Broadview Ave. *Prairie Elemental*, a show of fine art by Cindy Heppen.

Haus Art Supply
Until May 31 at 1818 Lorne Ave. *Artwork by Chris Kannan and Charlene Goulet*.

STIM Gallery
Through May 21 and June 18 at 101 Thomas More College, 1437 College St. Bookworks by Monique Marion and Cecilye Miller.

Art in the Centre
Through May 21. *Peridance Centre*, 101 Gopner Cres. Works by Bridge City Artists.

Green Ark Collected House
Until June 30 at 2010 20th Ave. *Entwined in the Set*. Painting exhibition that uses artifacts, images, audiovisual presentations and art.

Centre East Galleries
Until May 23 at The Centre. *Display* by the CanDo Girls.



After the Rain by Cindy Heppen is on display at Handmade House Showpiece.

In the Doghouse. Display by Art for Life in the Jodie Gallerie, display by the Bunker Gallerie, Artists in the Amber Gallerie, display by the Seaside Artwork Centre in the Seaside gallery, photograph by Imagery in the Conservatory, and display by the Seaside Public Schools in the Magnolia and Indigo Galleries.

Humboldt and District Gallery
Until June 27 at 600 Main St., Humboldt, Ettrick, a local perspective exhibit by Sherman Klassen.

Western Development Museum
Until July 5 at 2610 Lorne Ave. *FEED* by Cindy Yan Miller.

Franklin's shipwreck and July 4.

A travelling exhibition that uses artifacts, images, audiovisual presentations and art.

Franklin's shipwreck and July 4.

A travelling exhibition that uses artifacts, images, audiovisual presentations and art.

Western Development Museum
Until July 5 at 2610 Lorne Ave. *Entwined in the Set*. Painting exhibition that uses artifacts, images, audiovisual presentations and art.

St. Thomas More Gallery
Until May 23 at St. Thomas More. *Re-Sequential* by Monique Marion and Cecilye Miller.

Ukrainian Museum of Canada
Until June 31 at 910 9th St. *Cross It*. Bazaar House by local photographers Lucien Dungy and Katie Kusak.

FAMILY

Read & Print
The first Tuesday at 10:30 a.m., and Wednesday at 1:30 p.m. at the Western Development Print Facility, 3110 10th St. S. Suitable for ages 2 to 12, as each session features different stories, followed by a related painting project. May 6, read "Dinah Lugs and Ham" and print plates. Register at 306-377-3279.

Bikes and Strollers
Wednesday, 1 p.m. at Centre Cinemas in the Centre. Choice of two movies with each week. A baby-friendly environment with a high chair, volume, dimmed lights, a change table and a stroller parking in select theatres.

Cats Club and Hay
Daily, 10 a.m. to 4 p.m., in Bay 4 of 819 10th Street hallway 12. We're in West Regina. 819 10th Street has a modern indoor playground. Please call us up to 12. Visit catsclubandhay.com or their Facebook page.

EVENTS

Fun Factory Indoors Playground

Dates: 10:30 a.m. Quebec Ave., 10 a.m. to 4 p.m. for young children. Adults and children under one year are free. There is a separate entrance in area for children under two.

Children's Play Centre

Dates: 10 a.m. Lawson Heights Mall. A fun safe environment for unseparated children to play. Please note this is an unsupervised play area, yet adults must stay with and supervise children at all times.

Market Mall Children's Play Centre

Dates: just off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in the play area.

Saskatoons Indoor Playgroup

Dates: 9 a.m. to 11:15 a.m., three Wednesdays at the Saskatoon Public Church, 1606 10th Street S. for ages 0 to 3.

Playgroup for ages 0 to 3. Playgroup for kids up to age five. A bounce house and toys for kids, designated in fun play area. Concessions for parents. Registration an annual information at sasktoons.com or their Facebook page.

Play In A Play

Dates: Thursdays until July 21, 9:30 a.m. to 11:30 a.m. at the Saskatoon Alliance Church, 310 Portage Ave. S. Participants and their parents. Monthly themes, learning activities, snacks and occasional speakers. Information at info@playinaplay.ca.

Parent and Toddler Yoga

Dates: Thursdays, 9:30 a.m. to 10:15 a.m., and Saturday, 10:30 a.m. to 11:15 a.m. at Vega Life, 2-319 Third Ave. S. Classes taught by Nina Zettli. For parents and their toddlers ages six months to two years old. Classes include yoga, stretching, and breathing exercises. Classes are six weeks. Register at www.ninazettli.com, 306-381-8852.

Breastfeeding Cafe

Dates: Thursdays, 10 a.m. to 11:30

a.m. at Woodlawn Primary Health Centre, 3011 Fairlight Dr. Adults in support group for new mothers and fathers for young children. Adults and children under one year are free. There is a separate entrance in area for children under two.

Movies for Mommies

Dates: 1 p.m. at Rainbow Cinema in The Centre. An infant-friendly environment with subdued sound, change tables, bottle warming and smaller parking.

Shop 'n' Snack

Dates: 9:30 a.m. to 10:30 a.m., made in front of Customer Service at The Mall at Lawson Heights. Classes consist of parent-and-child cooking, including tub time and a socializing for parents and babies. Preregistration at www.momtastic.com two classes on set holidays.

Baby Tots at SPL

Dates: 10:30 a.m. at Alice Turner Branch, Mondays, 10:30 a.m. at Carlyle King Branch, and Tuesdays, 10:30 a.m., at 23rd Street Branch. It's all our songs and rhymes, then sing along with other parents.

Kids' Yoga Classes

Dates: Ages five to 10 in Saskatoon. Mondays at 10:15 a.m. to 11:15 a.m. at the Saskatoon Public Library, 4415 10th Ave. S. Mondays, 10:15 a.m. to 11 a.m. at 101 Vega Life, 2-315 Third Ave. S. Classes taught by Nina Zettli. Helps kids regulate emotions, find focus, relaxation, self-awareness and inner strength. Classes include breathing, stretching, yoga, breathing, aromatherapy and body awareness. Classes are six weeks. Register at www.ninazettli.com.

Preschool Partner Workshops (ages 3 to 5) for children

Sat. 9 a.m. to 10:15 a.m. at North Mythe, 348 Third Ave. S. Instruction by Nina Zettli, aromatherapy tools and techniques to help you learn how to support your child every day. No previous yoga experience is required. Classes are six weeks. Register at www.ninazettli.com.

from NorthMythe@gmail.com, 306-381-8852.

Postpartum Picnic (ages 3 to 5) for children Sat. 9 a.m. to 10:15 a.m. at the North Mythe Art Gallery, 390 Spadina Cres. E. For ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided.

Me and My Yoga

Dates: 11 a.m. to 12:30 p.m., at Vega Life, 2-315 Third Ave. S. Classes taught by Nina Zettli, aromatherapy tools and babies. Classes are six weeks. Yoga, breath relaxation and meditation tools and explore breathwork. Classes are six weeks. Register at www.ninazettli.com.

Prenatal Yoga

Dates: 10 a.m. to 11 p.m., at Pregnancy and Parenting Health Centre, 2465 Third Ave. S. Beginner to intermediate yoga designed to help with pregnancy and birth. Small friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at www.ninazettli.com. No class on start holidays.

Canadian Light Source (CLS)

Dates: Tuesdays, 10:30 a.m. to 11:30 a.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Pre-registration is required. Call 306-657-3614, email outreach@lightsource.ca or visit lightsource.ca/education/parents_pawn.php.

Prenatal Yoga

Dates: Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 2465 Third Ave. S. taught by a doula and certified yoga teacher. Information and safe for any stage in pregnancy. Call 306-251-0444 or email info@lightsource.ca.

Preschool Story Times

Dates: 10:30 a.m. to 11:15 a.m., at 101 Vega Life, 2-315 Third Ave. S. Participants ages three to five in the child of three. Call 306-381-1472.

JUNE 25-30 / JULY 05 SASKTEL SASKATCHEWAN JAZZ FESTIVAL

TO MAINSTAGE BESSBROOK GARDENS

26	THE NEW PORNOGRAPHERS BY WHITNEY L. BROWN PRESENTS	TICKETS \$39 \$49 10:30, 11:30 10:30, 11:30
27	WYCLEF JEAN BY STEVE BLOOM	TICKETS \$66 \$74 10:30PM 10:30PM
2	MATT ANDERSEN BY MARK ANDERSEN AND THE FARE	TICKETS \$39 \$49 10:30PM 10:30PM
4	COLIN JAMES BY COLIN JAMES AND THE EXPRESSIONS	TICKETS \$54 \$64 10:30PM 10:30PM

THE BROADWAY THEATRE

26	CÉCILE MCLORIN SALVANT BY RÉJEAN CLAIR QUÉBEC	TICKETS \$44 \$54 12:30PM 12:30PM
28	JAGA JAZZIST BY BRIAN REIGNS 3+1	TICKETS \$29 \$39 10:30 11:30 10:30 11:30
4	MOLLY JOHNSON BY MOLLY JOHNSON AND THE EXPRESSIONS	TICKETS \$49 \$59 10:30PM 10:30PM

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Scan the QR code to download the app.

EVENTS

Playgroup

Monthly and seasonal events. Hosted by Prairie Hearts. Located in a local coffee shop, a group of families inspired by Waldorf philosophy. Programming is aimed at children ages two to five, but all ages welcome. Information on their Facebook page.

Engineering for Kids

Children ages four to 14 can learn about science, technology, how things work and help in designing. Classes, camps, parties and clubs with hands-on STEM enrichment activities. Get information and register at engineeringforkids.net/locations or call 306-736-1865.

BRICKS 4 KIDS® Registration

Regular after-school programs, summer camps, classes and events for kids of all ages of various interests in Saskatoon. An atmosphere for students to build unique creations, friendships and have fun with LEGO® bricks. Visit bricks4kids.ca or call 306-779-2762.

Saskatoon Public Library Programs

Ongoing daily programs for children and families. Visit the calendar at saskpubliclibrary.ca or 306-974-1010.

SPECIAL EVENTS

Saskatoon Farmers' Market Open year round. Wednesdays and Sundays, 10 a.m. to 3 p.m.; and Saturdays, 10 a.m. to 2 p.m. for the Farmers' Market. Tuesdays to Friday, 10 a.m. to 5 p.m. and Saturday and Sunday during market hours. Food sunrise and specialty items are open for purchase at saskfarmersmarket.com. Contact 306-284-6262, saskfarmers@sasktel.net

Karate Classes

Wednesday, 7:30 p.m. to 8 p.m., at Seven Valley Christian Church, 454 Fisher Ave. Hosted by the Saskatoon Senior Citizens Association. Lunch and coffee are available. For more information contact 306-245-2020.

May Day Car Wash

Wednesday, 11 a.m. to 3 p.m. at Ministry United Church, Bingham and 10th Street. All proceeds are welcome. For information call 306-651-2121.



The Man Shed: a studio and creative space for fun, gear, the arts and crafts at Prairiearts Park. (PHOTO BY KAREN HANNAH)

Corporal Bowl

Monday, 12:30 p.m. to 3 p.m. at Prairiearts Park, 2021 Lumsden Ave. Hosted by the Saskatoon Senior Citizens Association. Lunch and coffee are available. For more information contact 306-245-2020.

Fifth Annual Alumni Celebri-ty Waitz

May 7, 7:30 p.m. to 9 p.m., at Seven Valley Christian Church, 454 Fisher Ave. Hosted by the Saskatoon Senior Citizens Association. Featuring a roast of alumni. Washiin Wyant. With emcees Jamie Miller and neather. Phillip and Michael Wyant. Tickets \$25.00. All funds raised go to the local food bank. Bids will be taken. Bidders, Jeff McMillan and Chris Chelchowski. Tickets at placetoplay.ca. Proceeds support Share's literacy initiatives for young learners.

The Booth Brothers May 7, 7:30 p.m. to 9 p.m. and admission is free. Hosted by myself and my wife, Krista. At Kenneth's Christian Store, 905-999-7989 or at the door.

Zumba in The Park

Monday, May 11 to June 29, 7 p.m. to 8 p.m. at Evergreen Linear Park, Presleyistry, Evergreen Community Association. A fitness class celebrating North American culture. Participants can bring their own Zumba, Zumba pants and sneakers. Tickets at evergreenlinear.ca.

SPC Bees

Thursday, 7 p.m. to 8 p.m. at the Evergreen Community Centre, 600 Clarence Ave. S. Saskatoon International Folkdance Club. Learn dances from many countries around the world. First night is free. Wear white. sweater/poncho.

The Brim and the Brim: Making Connections in Urban and Contemporary Movement

Thursdays and May 28, 8:30 p.m. to 10 p.m., at Free Flow Dance Centre, 224-25th St. W. Hosted by the Free Flow Dance Theatre. This month-long mini community dance workshop for ages 17 and up. Instructors are Graham McEvily and Jennifer McEvily. Participants and their friends are invited to attend any or all of the workshops. Information at freeflowdance.ca.

Fourth Annual NAOSH Seminar

May 8, 11 a.m. to 1 p.m., at CNA House, 205-10th St. NAOSH: Celebrating North American Indigenous Spiritual Health. Bumper-to-bumper drive, drink and snacks. Tickets at naosh.ca.

Book

May 8, 8 a.m. to 9 p.m., at Evergreen Linear Park, Presleyistry, Evergreen Community Association. A fitness class celebrating North American culture. Participants can bring their own Zumba, Zumba pants and sneakers. Tickets at evergreenlinear.ca.

Books

May 8, 8 a.m. to 9 p.m., at Evergreen Linear Park, Presleyistry, Evergreen Community Association. A fitness class celebrating North American culture. Participants can bring their own Zumba, Zumba pants and sneakers. Tickets at evergreenlinear.ca.

What you need to know to plan your week. Send events and photos to bridges@thestarphoenix.com

Man Shed

May 8, 10 a.m. to 4 p.m. at Prairiearts Park, 2021 Lumsden Ave. Hosted by the Saskatoon Senior Citizens Association. Lunch and coffee are available. For more information contact 306-245-2020.

Kingman's Bival Come and

go dessert, beverages and shopping on May 9. Bazaar starts at 10 a.m. Kingman's Bival Come and go dessert, beverages and shopping on May 9. May 9 tickets at 306-373-6991, 306-384-1408 or at the door. Proceeds support Justice Reentry, reacclimating offenders at risk in war zones.

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Saskatoon Seaside String Program Fundraiser

May 9, 8 a.m. to 2 p.m., at the Evergreen Community Centre. Garage sale, bake sale, plant sale and pancake breakfast. Breakfast tickets at mlsaz.ca. Prizes come at the door. Drop off any donations May 9, 8:30 a.m. to 8:30 p.m. or 8:30 p.m. to 8:30 p.m.

Canadian Club of Saskatoon

Public Meeting May 9, 7 p.m. at the Canadian Club of Saskatoon. An all-meat beef lunch on the balcony. Featuring speaker Hugh Estlin. Lunch tickets are \$20.00. Purchase online or at the door. Tickets to the meeting are free. Tickets at 306-531-6290 until May 8.

Industrie Coopérative Cé-1re's Clothing Drive

Saturday, 10 a.m. to 2 p.m. at 3-888 Fairlight Dr. For clothing for all ages, free baked goods from a local bakery. There will be a raffle, door prizes, refreshments, a silent auction and a community dance workshop. For ages 17 and up. Instructors are Graham McEvily and Jennifer McEvily. Participants and their friends are invited to attend any or all of the workshops. Information at freeflowdance.ca.

22nd Annual Li'l Ladies Dinner

May 9, 4 p.m. to 8 p.m., at the Evergreen Community Centre, 224-25th St. W. Hosted by the Li'l Ladies. Dress up in a female costume to be entered to win a special prize. Tickets at 306-342-1664, 306-281-3410, li'l-ladies.ca. Support the Children's Summer Camps Program.

Fourth Annual Fish Frenzy

May 9 at the Evergreen Linear Park. For ages 18 and under. Participants are invited to bring a fishing rod and equipment. Fishing rods and tackle are provided. Register at placetoplay.ca. Information at 306-662-6262, mynepe@telus.com.

Saskatoon Concert Band

May 9 at Third Avenue United Church, 1003-10th St. Monday, 7:30 p.m. for organ and brass ensemble. Registration and donations at saskconcertband.ca. Information at al.makowski@telus.com.

West Festival May 9, 8 a.m., at Princehead Park, 8th Avenue and 10th Street. An all-day outdoor festival featuring musical and dance entertainment, food, displays, arts and crafts, children's activities and dancing. Tickets at westfestival.ca.

2015 Brain Bazaar to Wonderland

May 9, 8 a.m. to 4 p.m., at The Evergreen Community Centre. An all-meat beef lunch on the balcony. Featuring speaker Hayley Wilcockson. Tickets at 306-373-6991. Contact saskseaside.ca or 306-373-6991.

Saskatoon SPCA Spring

Dinner Pavilion Fundraiser May 9, 7 p.m. to 10 p.m., at The Evergreen Community Centre. An all-meat beef lunch on the balcony. Featuring speaker Hayley Wilcockson. Tickets at 306-373-6991. Contact saskspca.ca or 306-373-6991.

Spring Peep

May 9, 7 p.m. to 9 p.m., at Greenwood Community Centre, 903 10th St. E. Zipline Velocity. Handball contest. Performance featuring Barns, Westside, Morris, Gauze, Guards and Beers. Shylock Admission at the door.

Third Annual Cultural of

Dance May 9, 7:30 p.m., at Evergreen Linear Park, 2021 Lumsden Ave. Hosted by the Saskatoon Senior Citizens Association. A musical evening of fresh music from September 26, June 10 to 12:30 p.m., at the Evergreen Community Centre. Meet new friends and have the evening of your life in a relaxed and friendly atmosphere. Information at 306-343-0288 or 306-383-3446.

Ninth Annual Fish Frenzy

May 9 at the Evergreen Linear Park. For ages 18 and under. Participants are invited to bring a fishing rod and equipment. Fishing rods and tackle are provided. Register at placetoplay.ca. Information at 306-662-6262, mynepe@telus.com.

Very Vintage Spring Sale

May 9-10, 10 a.m. to 4 p.m., at 918 Evans Lane. Presented by a creative group of upcycling crafters and artists interested in vintage items. Admission is free. Information and directions on facebook.com/veryvintagesale.

Annual Thriplastics Trek

May 10, 8 a.m., at Victoria Park, 10th Street E. in Saskatoon. Thriplastics Association. A 5-km and 10-km run or walk. Runners register for organ and brass ensemble. Registration and donations at saskthriplastics.com. Information at al.makowski@telus.com.

EVENTS

Seaskate Valleymen Season Opener
May 10, 1 p.m., at the Saskatoon Community Centre. The Seaskate Valleymen open the 2015 MWWFL season with a game against the Winnipeg Redwings.

Beatsat
May 10, 2:30 p.m., at St. Andrew's Presbyterian Church. The Saskatoon Symphony presents the 2015 Beethoven Series, with the Saskatoon Symphony Chamber Players. Featuring works by Bach, Glazunov, Tchaikovsky and Poulenc.

Kicking Up with the Keepers
May 10, at the Saskatoon Forest City Farm Park. 6-200 celebrate Mother's Day with a fun-filled day of activities for the kids, followed by their feeding rounds, followed by a continental breakfast. Pre-registration is required. Call 306-973-3390.

Tonight It's Poetry
May 10, 7:30 p.m., at The Roadsides Inn. Hosted by Jim Beeson and Sue N. Stevens, with readings by Charlie Peters.

Silver Spoon Glimmer
May 11, 5-6 p.m., at TCU Place. Saskatoon's premiere ladies' night out featuring Alexa. Tickets: Tickets at tcuplace.com.

Gospel Show
May 11, 7:30 p.m., at Union United Church, 4225 Taylor St. Sponsored by the Northern Lights Bluesmen, a cold hymn, Musical Story, a night of blues-themed music. Featuring The Local Heartstring Band. Tickets at the door \$15.99 on Facebook.

Off Broadway Performers
May 11, 7:30 p.m., at the Mosaic United Church, 505 11th St. S. Open a world of locally produced plays, clothing and accessories from India, far products, basket, and handicrafts. New vendors welcome. Call 306-654-1960 or email info@heartstring.ca.

Adult Comics Painting Class
May 12, 1 p.m., at Wet Paint, 400 12th Street S. For ages 18 and up, learn to draw class in acrylic painting. The project to love lives here. Regis-



The Seaskate Valleymen open the 2015 MWWFL season with a game against the Winnipeg Redwings on May 10, 1 p.m., at the Saskatoon Minor Football Field. www.saskvalleymen.com. PHOTO BY JAMES MICHENER

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GO/100 Years with Par-

petua
May 23, 10 a.m. to 2 p.m., at Mosaic United Church, 4225 Taylor St. The fifth youth group celebrates 100 years with exhibits at 11 a.m. 1895-96 by May 12 at 306-343-0100, shutter@shaw.ca.

Books Signing at McNally
Regular book signings at McNally Robinson, 303 8th Street S. For authors and information, visit mccnallyrobinson.ca. communications@mcnallyrobinson.ca.

English for Employment Class
Hosted by the Saskatoon Open Society, attendees learn English pronunciation and communication, and learn what you need to find work in the Canadian labour market. Registration at 306-253-4327, 306-653-4464, 306-925-4338, jean.mill@seeds.sks.ca.

33rd Annual Spring Festival of the Saskatchewan Playwrights

May 12-16, 8 p.m., at Pavel Art Gallery, 2404 20th St. W. Hosted by the Saskatoon Playwrights Centre. Local playwrights have their plays developed with theatre artists from across the country. Input from the public. Administration fees and donations accepted. info@playwrights.ca.

Event Registration
For the community service office of the StarPhoenix, call 306-343-0100 or email info@starphoenix.ca. Submissions to be seen must be made by the event date.

SPRING *Fashion* WEEK

Enter to WIN

Exclusively designed sumptuous natural sliced druzy accented in 24-karat gold plating from Options by Trish

Retail value of \$550.00



Inspired by the beauty of Greece, this exclusive jewelry package from Options by Trish. Druzy has been Europe's favorite. It includes a 24-inch pendant of natural sliced druzy accented in 24-karat gold plating and a sleek pendant necklace with three pieces of raw natural druzy stones strung together on a 18-inch chain of plated 24-karat gold. A pair of delicate pearl and crystal earrings softly accent the layered necklace and provide a finishing touch to this glamorous jewelry package.

A total retail value of \$550.

**D
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BY TRISH**

www.optionsbytrish.ca

Spring Fashion Week arrives Saturday, May 9 in your StarPhoenix!

It's 16 pages of non-stop fashion, showcasing the season's hottest trends, presented by our city's top fashion retailers!

The StarPhoenix Spring Fashion Week is also your chance to win this European-inspired exclusive jewelry collection from Options by Trish.

Look for your entry form in the Spring Fashion Week pages of your Saturday, May 9 StarPhoenix!

The StarPhoenix

OUTSIDE THE LINES



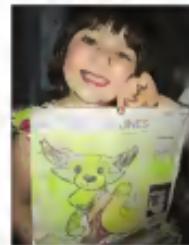
HAPPY MOTHER'S DAY!

(¹ aunts ¹ grandmas ¹ friends
¹ leaders ¹ pet parents ¹ anyone
 who makes us feel cared for)

1 Colouring contest

Each week, Stephenie Molloy creates a family illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to binding@phoenixmedia.ca. One winner will be chosen each week. Please send entries by Monday at 9 a.m.



Last week's contest winner is Savannah Barrett. Thanks to everyone who submitted entries!

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#SONGWRITING

The Stillhouse Poets focus on fresh lyrics

By Ashley Martin

I've got the blues

The dog river/

breakin' in massas/

bad roads/

red-bed liver/

shipswrecked/

Niagara Falls/

straight hour/

bedrooms/

kingfish/

The Street/

levees/

all brown leather/

Morality evening blues

"I get the blues in the black sheep at home and in a band from a mill town man, said Brent Nielsen, half of Reggae rock duo The Stillhouse Poets.

He and his partner in crime Kirk Hextall have grappled with keeping it real as these three years of playing together.

They take pride in worldshifting while trying to pay accurate tribute to Delta blues and Appala- chian music.

"There's a really fine line and balance between borrowing what's been done before and originality and keeping it fresh," said Hextall. "I think lyrically between the two of us, we do find a way to do that."

"There's the challenge. You know when you get it, you get excited," said Nielsen.

At times, a song starts with a melody and gobbledygook lyrics about a powerline or sandwhich or do do do do do.

"Sometimes it's hard and sometimes it comes real quick," said Nielsen.

When they write — usually in a setting of enforced silence — they try not to get stuck on a theme for fear of becoming a derivative of themselves.

"I think there's a few things we particularly avoid," said Nielsen.

An example. Though they try to release what they've each written a song about dealing with the devil. Those songs have not made the cut for



Brent Nielsen and Kirk Hextall perform roots and blues music under the name Stillhouse Poets. *PHOTO BY MICHAEL HELL*

their two albums.

"We try to avoid that cliché thing," said Nielsen, a four-decade performer. "To save a song, you've got to have at least three or four really good lines; even if it doesn't rhyme, it's fine."

"I'll run on to know sometimes, 'Is this song only as long as they've played together?'" Hextall just grins, laying what she can get. "The eyes for the song part have

been set aside and it's about the song."

They look for new ways of expressing an old sentiment — "Love you can become." The single on their talk has lost its charm — whether it's about love, death, sex or liquor.

Desperation is their No. 1 inspiration, usually inspired by the lives of others.

"Sad songs are always better, aren't they?" said Hextall. "A reflection of reality maybe more so."

"Then you have to get in these new songs to make people happy," said Nielsen. "All jokes aside, we have to choose it up ... at least I do for myself. I don't want to have all the blues and heartbreak and death."

But happiness is relative. On Hooligan Groove, their sophomore album being released this week, they say the most uplifting song is Rambaldi. It's about a dead deer.

"I was at peace with the deer until now,"

He's just a deer with a spade and place.

"He's dead but he's happy," said Hextall.

"He's going to meet his wife," said Nielsen.

Call The Stillhouse Poets Sunday 8 p.m., at the Creative City Centre in Regina. Advance tickets are available at creativecitycentre.ca.

www.thestarphoenix.com

facebook.com/bridgesYXE

GARDENING

GARDENING IN SASKATCHEWAN

Clematis guaranteed not to disappoint

By Sara Williams

Clematis are among our most beautiful vines. Some do very well on the Prairies with average care, while others need coaxing, coupled with protected microclimates, and yet they still may not survive our winters.

However, in garden centres and nurseries, they all share equal space. So how do you know if the plant you're getting is a good buy or needs shelter? Begin with the Latin or botanical name — it's always listed on the plant tag or vines.

The hybrids of two species, *Clematis alpina* and *Clematis montana*, are among the hardiest and longest-lasting. They vary in height from 8 ft to four m, climb by means of twining leaf petioles and flowers

on the previous year's growth from late spring to early summer. Both need little pruning unless they're blocking a window or an arbor.

They benefit from being planted in deep, organically enriched soil with a 10 cm layer of organic mulch at their base, and deep watering (to a depth of 40 cm) every two weeks. Bloom is greater if the vine is in sunlight. These clematis are hardly easy to grow and vigorous. No fuss, no muss.

The alpine clematis (*Clematis alpina*) is native to Europe and Asia. It has horizontally compound leaves (meaning each leaf consists of three pairs of three leaflets) produced bell-shaped flowers in white, pink or blue and generally reaches a height of two to 3.5 m. Among these cultivars are 'Ruby' with deep pink flowers; 'Willy' with pale pink flowers with a darker edge; 'Can-

adiana' with almost red flowers and 'Praxi' (pink) and 'Pamela Jackson' with blue flowers.

The large-petaled clematis (*Clematis montana*), native to China, is slightly taller (generally between 3.5 and four m) with bell-shaped flowers. Prairie plant breeders such as Frank Skinner and Stan Edwards have developed several cultivars. Among the Skinner introductions are 'Blue Bird' with lavender-blue flowers, 'Ray O'Grady' with long pink pointed sepals and 'White Swan' with flowers as you would expect — more white. 'Iceberg' honours one of Stan Edwards' passions of bartenders, has double purple flowers and was introduced by Stan Edwards of Prairie River. Other *Clematis montana* cultivars include 'Lilac' and 'Meredith Willif' with blue flowers, and 'Markham's Purple' with pink flowers.



Jackson clematis is a diversity and hardy vine with deep purple flowers and is well suited to the Prairies.

Photo courtesy Sara Williams

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The Mendel Art Gallery will close in early June 2015. Until then, enjoy great prices on unique gifts and merchandise. If you've got a Gallery Shop Gift Card, be sure to cash in on savings now!

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The StarPhoenix

GARDENING



Clematis alpina 'Wile'



Clematis alpina 'Lady'



Clematis 'Royal Glory'

Golden alpines (*Clematis alpina*) and prairie bindweeds (*Clematis ligustrina*) are both large, very vigorous, drought tolerant and determinedly hardy. Both are excellent as ground covers for large areas or a sunny exposed hill or bank or for hiding something large and/or ugly such as a neighbour's deteriorating shed (prop up the plant in the corner of darkness). These vines lack social graces so consider carefully where you place them. A long blooming and slightly more camouflaged sibling of the golden alpines is 'Blue Moon'.

Quite different from all of the above are the cultivars of herbaceous *Clematis integrifolia* and the clambering *Clematis patens*. They begin growth each spring at ground level and climb to about three m. blooming on the current season's growth in late summer. Although the root system is the same, the groundcover habit is not. To keep them bushy, one must want to pruned off in early spring. One of the best known of these is 'Blue Angel', introduced by Frank Eliason in 1947. A more recent introduction from Lutera is 'Pimp's Delight' with light violet flowers.

Try some of these. You will be disappointed.

Steve Walther is the author of the newly revised *Creating the Perfect Landscape and the Sustainable Garden* (Parks & Recs A Photographic Mystery). Just back from Mexico.

JOIN US FOR GREAT FOOD, FUN AND FASHION!

The StarPhoenix invites you to attend our travelling lunchtime fashion show, Wednesday, May 13, at Mano's Restaurant on Eighth Street.

See spring-head fashions from Saskatoon's leading retailers.

Admission is free!

Guests will also receive an entry form to win an exclusive jewelry package from the Mykonos collection created by local designer Options by Trish, valued at \$550.

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Carrelli

Elwood Flynn Ltd

Gentles

Klaudique Designz

Midtown Plaza

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SHARP EATS

See a food trend you think deserves a highlight in Bridges?

Email bridges@thestarphoenix.com

or visit Bridges on Facebook

SASKATCHEWAN FOOD SCENE

How to support a local to global food connection

By Jenn Sharp

A new website and app makes it easy to understand issues regarding global food.

Ethical Eats is a place to find information about everything from emissions to treatment of workers in the global food supply chain. It also offers a directory to find Saskatchewan businesses that provide fair trade, local and/or organic products.

Fair trade standards help protect workers' basic rights, ensuring health and safety standards and that child labour is not used. Local and organic food helps protect workers' health, the environment and supports the economy.

The Saskatchewan Council for International Development (SCID) is a coalition of organizations working in international development made up of 14 organizations. Krista Hunkle says Ethical Eats fits SCID's mandate.

"A lot of these issues are pretty strongly rooted issues that have been around for many decades. They're big problems that we're trying to address so the content isn't likely going to change drastically."

Biodiversity is important to the SCID. There are less seed varieties than ever before and some companies are patenting their seed. He said seed varieties mean those living in developing countries have less control over their food.

"When we have less seed varieties, there's more susceptibility to crop failure and to disease," says Hunkle.

The general safety of genetically modified foods for human health is questioned, too.

Many of the genetically modified crops are better suited to large scale industrial farming. This type of farming operation tends to lead genetic diversity in developing countries where people may be pushed off their land to make way for export crops.

"We're trying to promote ways to support small scale family farms because that's who is producing the majority of the specific food and that's the people who are most often going to be hungry which is a complete argument," says Hunkle.

The website encourages people to explore these different issues and how they're connected to the different foods we buy every day.

"We know ethical consumption is not a food fad, it's not a one solution answer. But what we're trying to do with that tool is to help people to take some small actions that they do

Ethical Eats!



Welcome to SLC's Ethical Eats

An individual's actions have power in connecting consumers, business owners, and other issues in their communities. They may, by supporting Fair Trade, Organic, and Locally Produced goods, provide the critical and supportive role for our social and global communities, the environment, and the learning families around the world.

We at SLC want to help bring a comprehensive directory that will help Saskatchewan consumers with local businesses that are Fair Trade, Organic, and Locally Produced. The majority of this website is a resource for consumers to learn more about these issues and to provide them with a responsible global citizen role in their community. We will also provide information on how to make informed decisions.

Learn & Shop!



Learn!

See fair trade, local, organic, and healthy food choices in Saskatchewan.

→ [Start Browsing](#) ↗



have control over."

It's easy to feel disconnected from the global issues about food production, says Hunkle.

"But we do eat food and we do have control over what type of systems we support. When we buy food, fair trade and organic, these are ways we can support better options."

Other options include local to global food production, fair trade producers and fair trade advocacy. It's an easy way to help support communities, and the knowledge and skills of their food providers grow.

"Food really does connect on all levels."

Find the website at ethical-eats.ca. A free mobile app is also available. SCID envisions goal-setting businesses to join the directory and encourage people to look grocery stores who stock more fair trade and locally sourced goods.

To find out more about fair trade certified products in Canada, visit FairTrade.ca. World Fair Trade Day is on May 9.

FOODS MOST SUBJECT TO UNETHICAL PRACTICES

COFFEE AND CHOCOLATE

What's often associated with child labour and child slavery

SUGAR

All the foods of land are being converted for sugar cane production and importance

SEAFOOD

What's associated with sourcing method can be huge and many wild fish stocks are depleted

GENETICALLY MODIFIED CROPS

Land loss from industrial farming means less food is available, local farmers and people

WAYS TO SUPPORT MORE ETHICAL OPTIONS

→ Buy organic when you can. One of the important issues is the effects of pesticides on the workers, especially ones that have less protective or less health and safety standards.

"If you don't want these chemicals going in your body, think about the person who's having to apply them and what sort of standards they're in," says Hunkle.

→ Look for foods that have a shorter supply chain. Locally produced foods that are seasonally available have less environmental impact.

→ Look for fair trade and direct trade options for foods not available fresh such as chocolate, coffee, sugar and tea.

→ Try to introduce more vegetables into your diet — eat more vegetables twice a week will eat down on the water usage that crops like living meat.

WINE WORLD

SASKATCHEWAN WINE SCENE

A wine to match a celebratory living style

By James Romanow

For more than a century, the wine of choice among the cognoscenti was German, usually referred to as 'Bock' or 'Blaed.' The latter is actually a region so it should be wholly precise, but really all those words mentioned were in craggy, flowery, refreshing white wine.

German wines had something of a resurgence in the 1970s, but it's only the French purchased far more wine in Canada as the last few decades. In fact, I think it was only the tastelessness of sommeliers and wine-sellers that kept the wine on the radar.

Roasting the mean face men grape, to an intense bibulous wine that every one should have in their cupboard. The cry for dry wine went, but to the death in the '80s, but as sweetness levels have crept up in the last decade, people have rediscovered the joys of German wine.

The Germans have started to admit to their

love of partying. (Until 1945 Germans were not allowed to have two beers — like the meat try or use the next three days of life. The known sample train events that would leave a Roman emperor (or anyone) it was only a matter of time before their wine packaging reflected their celebratory style of living.)

Crazy Life is a wine with evocative labelling. It took me a few minutes to figure out the name of the stuff. It's a rosé wine from a grape variety that has the quality of PGI wine with the crisp-edgy flavours of rosé.

There's a great sort of lemon lime candy flavor with a slightly herbed finish. If ever there was a wine for Anna Friel, than it is.

Crazy Life, \$14.99 **www**

Trendy reds in Monday's Leader Post and is red for your inner farmer in the next GIC. Lots more on Twitter @jromanow.



Crossword/Sudoku answers

SODIO	TALC	AMITE
ANOMA	A800	BABA
STIEG	JOYBUZZER	ER
HOLLOW	MAWS	BAN
BROADEN	BAA	D
DEN	ESAU	LONE
SQUEEZING	FLOLLOWER	ER
ESPN	CIRAO	ITEM
BODA	RIVIERA	
THE	CINCANOLIS	
YUP	OTRO	SHOALS
PRANKSTER	ABEGT	
EASE	AONE	TABBY
ALSO	SODA	ERASE

5	4	7	2	3	1	8	9	6
8	9	6	4	5	7	2	3	1
1	3	2	9	6	8	7	5	4
7	5	1	8	9	2	6	4	3
3	8	9	6	7	4	1	2	5
6	2	4	5	1	3	9	8	7
2	1	5	7	4	9	3	6	8
4	7	8	3	2	6	5	1	9
9	6	3	1	8	5	4	7	2

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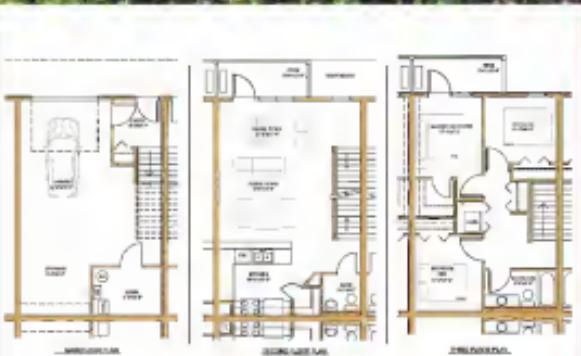
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- Lots of Storage Space
- All Air Conditioning
- In-unit Washer & Dryer, Fridge, Stove, OTR, Microwave, Dishwasher all included
- Winter Coverings are included